

Fast Delivery!
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 Open Late 7 Days a Week



Lincoln, NE
 1442 'O' Street
 Lincoln, NE 68508
 (402) 477-5700

TOASTED SANDWICHES

Served On All Natural White or Wheat Bread **Romaine Lettuce Wraps +.99**
20 cal per Romaine Wrap Lettuce. Calorie content reduced by 320 cal per full sandwich.

#1 Turkey <i>310/590 cal</i> 5.99	#10 Meatball Marinara <i>390/870 cal</i> 7.49
#2 Ham <i>310/580 cal</i> 5.99	#11 Italian Club  <i>450/860 cal</i> 7.39
#3 Veggie  <i>310/630 cal</i> 5.99	#12 Chicken Giardiniera  <i>350/620 cal</i> 6.99
#4 The Pizza Guy <i>380/590 cal</i> 5.29	#13 BLTC <i>400/770 cal</i> 6.99
#5 Turkey Bacon Club  <i>350/670 cal</i> 6.99	#14 BBQ Chicken <i>330/600 cal</i> 6.99
#6 Asiago Chicken Club <i>450/780 cal</i> 6.99	#15 Buffalo Chicken  <i>440/790 cal</i> 7.39
#7 Hodge Podge <i>430/820 cal</i> 7.99	#16 Grilled Cheese  <i>600 cal</i> 4.49
#8 Café Club <i>340/650 cal</i> 6.99	#17 Chipotle Chicken  <i>380/670 cal</i> 6.99
#9 Italian Beef   <i>260/490 cal</i> 7.69	#18 Big Tuna <i>400/790 cal</i> 7.19

PICK 2 Any 1/2 Sandwich, 1/2 Salad, or Soup *100s of Healthy Choices*









SALADS

Whole & Half Salads Available - With Spinach or Romaine Lettuce

Asiago Caesar  <i>100/150 cal</i> 3.99 / 5.49	Garden Chop  <i>180/220 cal</i> 3.99 / 6.49
Walnut Cran  <i>350/530 cal</i> 5.99 / 8.29	Southwest  <i>150/290 cal</i> 5.49 / 7.59
Café Chop <i>190/320 cal</i> 5.99 / 8.99	Avo-Cobb  <i>260/420 cal</i> 5.99 / 8.99
Buffalo Chicken  <i>240/420 cal</i> 5.99 / 8.99	Italian Chop <i>280/500 cal</i> 5.99 / 8.99

THIN CRUST PIZZA

Served on a 12" Thin & Crispy Crust. Substitute 10" Cauliflower Crust For An Extra \$2.00

Cheese  <i>1250 cal</i> 9.49	Asiago Chicken  <i>1950 cal</i> 14.99
Sausage or Pepperoni <i>1460/1630 cal</i> 10.49	Chicken Giardiniera  <i>1490 cal</i> 13.99
Veggie or Southwest   <i>1300 cal</i> 10.49	Buffalo Chicken   <i>1420 cal</i> 13.99
BBQ Chicken <i>1440 cal</i> 13.99	The Hog  <i>1760 cal</i> 14.99




10" Gluten Friendly Cauliflower Crust.


Cheese <i>780 cal</i> 11.49	Pepperoni <i>920 cal</i> 12.49	Veggie <i>950 cal</i> 12.49	Southwest Veggie <i>910 cal</i> 12.49
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SOUPS MENU KEY SIDES

Served with bread roll or crackers.

Tomato Basil Bisque <i>90/140 cal</i>	Broccoli Cheddar  <i>210/320 cal</i>
Baja Chicken <i>180/270 cal</i>	Lentil Chili  <i>430/650 cal</i>
8oz. 4.29	12oz. 5.49

 FAVORITES	 VEGETARIAN	 SPICY
2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.		

Fountain Drinks 	2.19
Iced Tea	2.19
Bottled Water	1.49
Chocolate Chip Cookies	.99
Chips	1.49
Pickles (Half / Whole)	.89 / 1.49
Sandwich Additions	
Giardiniera Peppers .59	Avocado .99
Bacon	1.69

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#11 Italian Club with Spicy Peppers
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