

7442 Wornall Road
Kansas City, MO 64114
(816) 214-5155

WE DELIVER
OPEN 7 DAYS A WEEK
ORDER ONLINE



25 East 12th Street
Kansas City, MO 64106
(816) 321-2005

509 Westport Road
Kansas City, MO 64111
(816) 756-5585

TOASTED SANDWICHES

Served On All Natural White or Wheat Bread **Romaine Lettuce Wraps +\$1.09**
20 cal per Romaine Wrap Lettuce. Calorie content reduced by 320 cal per full sandwich.

#1 Turkey	310/590 cal 6.29	#10 Meatball Marinara	390/870 cal 7.39
#2 Ham	310/580 cal 6.29	#11 Italian Club 	450/860 cal 7.39
#3 Veggie 	310/630 cal 5.99	#12 Chicken Giardiniera 	350/620 cal 7.39
#4 Chicken Salad	390/780 cal 6.29	#13 BLTC	400/770 cal 7.29
#5 Turkey Bacon Club 	350/670 cal 7.29	#14 BBQ Chicken	330/600 cal 7.39
#6 Asiago Chicken Club	450/780 cal 7.39	#15 Buffalo Chicken 	440/790 cal 7.39
#7 Hodge Podge	430/820 cal 8.99	#16 Grilled Cheese 	600 cal 4.49
#8 Café Club	340/650 cal 7.39	#17 Chipotle Chicken 	380/670 cal 7.39
#9 Italian Beef 	260/490 cal 8.39	#18 Big Tuna	400/790 cal 7.29

PICK 2 Any 1/2 Sandwich, 1/2 Salad, or Soup 100s of Healthy Choices

SALADS

Whole & Half Salads Available - With Spinach or Romaine Lettuce

Asiago Caesar 	100/150 cal 5.49 / 7.49	Garden Chop 	180/220 cal 5.99 / 7.99
Walnut Cran 	350/530 cal 7.29 / 9.59	Southwest 	150/290 cal 6.99 / 8.99
Café Chop	190/320 cal 7.29 / 9.99	Avo-Cobb 	260/420 cal 7.29 / 9.99
Buffalo Chicken 	240/420 cal 7.29 / 9.99	Italian Chop	280/500 cal 7.29 / 9.99

THIN CRUST PIZZA

Served on a 12" Thin & Crispy Crust **Substitute 10" Gluten Friendly Cauliflower Crust For \$3.00**

Cheese 	1250 cal 9.99	Asiago Chicken 	1950 cal 14.49
Sausage or Pepperoni	1460/1630 cal 10.99	Chicken Giardiniera 	1490 cal 13.49
Veggie or Southwest 	1300/1511 cal 10.99	Buffalo Chicken 	1420 cal 13.49
BBQ Chicken	1440 cal 13.49	The Hog 	1760 cal 14.99

NEW GARLIC BREADS Served with a side of marinara.

Garlic Bread Reg / Lg Order	3.99 / 5.49	Garlic Cheese Bread Reg / Lg Order	4.99 / 9.69
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SOUPS MENU KEY SIDES

Served with bread roll or crackers. 8oz/12oz

Tomato Basil Bisque 	90/140 cal 4.29/5.49
Broccoli Cheddar 	210/320 cal 4.69/6.69
Baja Chicken	153/230 cal 4.89/6.89
Southwest Veggie 	120/180 cal 4.29/5.49
Lentil Chili 	430/650 cal 4.29/5.49

 FAVORITES |  VEGETARIAN |  SPICY

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

Fountain Drinks 	0-220 cal 2.29
Iced Tea	0-220 cal 2.29
Bottled Drinks	0-220 cal 2.49
Bottled Water	0 cal 1.99
Chocolate Chip Cookies	210 cal .99
Chips	120-300 cal 1.69
Pickles (Half / Whole)	0 cal .89 / 1.69

Order Online www.picklemans.com We Deliver



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Waldo
7442 Wornall Road
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Westport
509 Westport Road
Kansas City, MO 64111
(816) 756-5585

Downtown KCMO
25 East 12th Street
Kansas City, MO 64106
(816) 321-2005

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